

Facilitation: Process Design & Skills for Dialogue, Deliberation & Decision-Making

PAX 610

Spring 2023

Fridays: January 20; February 3, 17; March 3, 17; April 21 8:45 a.m. – 4:45 p.m. in-person ONLY in LB 121

(break times TBD, as the class only meets 6 times we will have only <u>short breaks</u>, please see note below)

INSTRUCTOR'S INFORMATION:

Catherine Barnes, Ph.D.

catherine.barnes@emu.edu

I am happy to arrange meetings to talk via Zoom or phone. Please email me to arrange a time.

COURSE DESCRIPTION:

This course is designed to develop participants' capacities as skillful facilitators and to enable them to design and lead effective group processes for dialogue, deliberation and decision-making. The course is structured around six all-day class sessions that are complemented by observation of real meetings and mentored, applied practice as facilitators in the community.

We will learn methods appropriate for guiding community and organizational meetings, conducting public processes, and for enabling difficult dialogues across conflict divides. Participants will learn how to assess the needs of the group and then to design processes to address them. This will include processes to help groups improve understanding, strengthen relationships, engage in collaborative problem solving and make effective decisions. Participants will become familiar with a variety of methods and techniques to achieve process goals, whether it is a group of three or 3,000.

Through a variety of readings, exercises and reflections, the course will assist participants' formation as reflective practitioners enabling group processes. We will focus on developing self-awareness and awareness of group dynamics, while cultivating openness and offering a calm presence even in the midst of high levels of anxiety and conflict. We will consider a variety of facilitator roles and functions and critically assess the ethics and appropriateness of these for different types of situations, including with evident power imbalances and systemic oppression. While rooted in a North American peacebuilding paradigm, we will aim to also explore facilitation in other cultural traditions and raise awareness of the challenges of facilitating cross-culturally.

This course is designed for participants enrolled in CJP's graduate studies program and presumes knowledge of basic conflict analysis and peacebuilding concepts and methods. As such, Foundations 1 or an equivalent course is preferred. This class qualifies as a skills assessment course for the CJP MA degree.

COURSE GOALS AND OBJECTIVES:

By the end of the course, participants should be able to:

1. Exhibit an understanding of the multiple ways process design and facilitation can assist in developing healthy groups and communities, support conflict transformation and envision positive futures.

- 2. Operationalize an understanding of a range of functions that can be fulfilled through group processes (such as relationship and team building, dialogue, deliberation and decision-making) and identify appropriate process strategies to help groups fulfill them.
- 3. Experience, practice and assess basic facilitation techniques through role plays, simulations and applied practice in the community.
- 4. Master the basics of effective meeting process design, including crafting process agendas, using process methods appropriately, and enabling participatory deliberation and decision-making.
- 5. Through an applied practice experience, increased knowledge and skills from working with a client in the community to develop, design and implement a facilitated meeting process in collaboration with a partner from the class.
- 6. Observe and assess themselves and others and provide constructive feedback for improving facilitation skills and overall 'presence' in group situations.
- 7. Demonstrate self-awareness of personal characteristics and tendencies when working with groups in different sorts of situations and have a realistic understanding of both strengths and areas for growth.
- 8. Create a personal growth plan to shape further growth and deepen self-management capacities.

REQUIRED TEXTS AND OTHER RESOURCES:

The following are the core books and desk reference guides for the course. These will be complemented by an extensive set of readings and videos online and available through the class Moodle site.

- Kaner, Sam et al. 2014. *Facilitator's Guide to Participatory Decision-Making*. 3rd Edition. Jossey-Bass. \$28.32 ISBN-13: 978-1118404959
- Kraybill, Ron, and Evelyn Wright. 2007. Cool Tools for Hot Topics: Group Tools to Facilitate Meetings When Things Are Hot. The Little Books of Justice and Peacebuilding. Intercourse, PA: Good Books. \$6.00 ISBN: 1561485438

REQUIRED ASSIGNMENTS:

Please note that as this course <u>only meets six times</u> over the course of the semester, **it is expected that participants will attend <u>EVERY</u> class session** so as to have the required 'seat time' for the class. **Absences will only be excused in exceptional circumstances,** such as an incapacitating illness, death in the family, or other serious extenuating circumstance. This requirement also applies to students taking the course for reduced credits.

These are brief descriptions of required graded assignments for the course. More details for each assignment can be found on the "Guidance Notes" that will be provided in class.

Taking the course for 3 credits...

Class participation (250 points)

The quality of our class depends on the active engagement of all. Full attendance and active participation during class is expected and necessary for skills building. You need to be able to demonstrate that you have **read the materials assigned** for each day and completed any preparatory work assigned. *Please note that because the* class only meets on six days, the reading assigned for each class session is significant.

Facilitation Analysis Paper + Alternate meeting agenda and process notes (250 points)

Paper due NO LATER THAN Friday March 24 - The analysis portion of the paper should be <u>no</u> longer than 2-3 pages <u>single</u> spaced; the alternate process agenda and notes can be whatever length is needed. You will intentionally observe a formally organized meeting, where you do not have a stake in the outcome. (Note: you should not be a participant or member of the group.) Your task is to analyze the effectiveness of the process design and the characteristics of the meeting facilitator and / or chair. You should identify the implicit theories of change and theories of practice in use and assess their efficacy in meeting the purpose of the group. Integrating the readings and the ideas and methods you are learning in class, you will then design an alternate process agenda for achieving the implicit and explicit goals and objectives of the meeting that addresses the issues you identified in the first part of this assignment.

Applied facilitation practice: + Peer Feedback Memo (300 points)

Designing & conducting a facilitated process. You should complete the facilitation practice <u>before April 20</u> – You will work with a class partner to design and facilitate a process for a 'client' on campus or in the wider community. You will need to design the process in advance together with your client, preparing a memo of understanding and a process agenda. CJP's Peacebuilding Practice Director will assist with finding opportunities and liaising with clients. Drafts of the MOU and Agenda will be shared in advance with the class instructor and CJP's Peacebuilding Practice Director for feedback.

Peer feedback memo to facilitation partner(s) – **due no later than April 24** (essential to inform their personal assessment) – please prepare a *2 page memo* for your facilitation team member, giving feedback on your observations from the experience of working together, from this class more generally and, if relevant, from your experiences together at CJP.

Reflective Practitioner Journal, Self-Assessment and Growth Plan Paper (200 points)

- 'Reflective practitioner journal' due no later than <u>Sunday April 30</u>. Following your applied facilitation practice, you will write a short reflective practitioner journal, as per the instructions in the Guidance Note, to articulate your learning points from practice and to develop your habits as a reflective practitioner. This can be turned in at the same time as the Self-assessment paper (see below)—75 points
- Self-assessment and growth plan paper due no later than Sunday April 30. This paper should be no longer than 3-4 pages single spaced. The purpose of this paper is to have an opportunity to honestly evaluate your own personal strengths and challenges in group processes as a member of a group, as a facilitator or leader, and as a process designer in settings where you expect to find yourself in the future. You are encouraged to use insights from your reflective practitioner journal, as well as feedback received from the facilitation practice experience. You should also refer to key ideas from your readings and class to deepen your assessment, using proper citations for all references. 125 points
- Instructor feedback and coaching meeting. <u>During the week of May 1-5</u>, you will have a one-to-one meeting
 with the class instructor, who will provide feedback and opportunities for discussion of your development as
 a practitioner.

Taking the course for 2 credits...

- Class participation, including all readings and participating in process method presentation. (300 points)
- Applied facilitation practice + peer feedback memos (700 points)

Taking the course for Professional Education/Training

Class participation, including all readings. Please note, there may be class activities that will be more difficult to participate in fully due to the nature of gearing the course for those taking it for credit.

SCHEDULE AND TOPICS:

Class schedule. Please note that this class only meets on six occasions and therefore we only have a few, short breaks each day so as to have sufficient 'seat time'. It is likely that we will have a <u>one-hour lunch break and 15</u> minute breaks in the morning and afternoons. We will adjust the precise length and time for these breaks depending on whether there are participants who plan to attend the mosque for Friday prayers.

Jan 20	Holding Change - On Being A Facilitator; On Processes That Are Facilitative			
	Introduction to being a facilitator, group processes and process design			
Feb 3	Process design strategy: purposes, methods, 'tools' and constructing process agendas + Process methods for exploring the future			
	Assessment, process design and constructing meeting agendas			
Feb 17	Processes for transformative dialogue			
	'Creating the container'; fostering safe(-er) and braver spaces; holding space for deep sharing;			
	public conversations dialogue method; polarity management			
March 3	Processes for deliberation and problem solving – and facilitation skills to enable them			
	Chart Writing and Graphic Facilitation; creating processes for externalizing innovative thinking;			
	World Café			
March 17	Processes for dealing with conflict and decision-making			
	Paraphrasing, tracking and summarizing, revisited; consensus building and gradients of agreement			
April 21	New frontiers and integration: the learning journey and inner work of holding change			
	Gearing up: taking processes to scale; processes for working with the past and envisioning the			
	future; formation: the facilitator's journey and the 'inner work'			

Supplemental Information for Course Syllabi:

Last reviewed December 2022

Writing Guidelines:

Writing will be a factor in evaluation: EMU has adopted a set of <u>writing guidelines</u> for graduate programs that include six sets of criteria: content, structure, rhetoric & style, information literacy, source integrity, and conventions (see page 3). It is expected that graduates will be able to write at least a "good" level with 60% writing at an "excellent" level. For the course papers, please follow the APA style described in CJP's *GUIDELINES* for *GRADUATE PAPERS* (see CJP Student Resources Moodle page or request a copy from the Academic Program Coordinator), unless directed otherwise by the instructor. Criteria for Evaluating Arts-Based Peacebuilding Projects can be found at the end of this document.

Academic Accountability & Integrity:

EMU faculty and staff care about the integrity of their own work and the work of their students. They create assignments that promote interpretative thinking and work intentionally with students during the learning process. Honesty, trust, fairness, respect, and responsibility are characteristics of a community that is active in loving mercy and doing justice. EMU defines plagiarism as occurring when a person presents as one's own someone else's language, ideas, or other original (not common-knowledge) material without acknowledging its source (Adapted from the Council of Writing Program Administrators). This course will apply EMU's Academic Accountability Policy to any events of academic dishonesty. If you have doubts about what is appropriate, Indiana University's Plagiarism Tutorials and Tests may be a useful resource.

Turnitin:

Students are accountable for the integrity of the work they submit. You should be familiar with EMU's Academic Integrity Policy (see link above) in order to meet the academic expectations concerning appropriate documentation of sources. In addition, EMU is using <u>Turnitin</u>, a learning tool and plagiarism prevention system. For CJP classes, you may be asked to submit your papers to Turnitin from Moodle.

Moodle:

Moodle is the online learning platform that EMU has chosen to provide to faculty, administrators and students. Students will have access to course information within Moodle for any class they are registered for in a given term. The amount of time a student has access to information before and after the class is somewhat dependent on the access given to students by the individual faculty member. However, please note that courses are not in Moodle permanently – after two years the class will no longer be accessible. Please be sure to download resources from Moodle that you wish to have ongoing access to.

Technology Requirements and Communication/Zoom Best Practices:

Communication will largely be accomplished via the Moodle platform utilized by EMU and your EMU email. Check both frequently during the semester. Zoom will be used for synchronous online course sessions. <u>Please</u> review these <u>best practices</u> for online classes!

Graduate & Professional Studies Writing Center:

Please utilize the <u>writing program</u>. They offer free individual sessions with a graduate student writing coach. Please visit the website to schedule an appointment or request additional information from CJP's Academic Program Coordinator.

Institutional Review Board (IRB):

All research conducted by or on EMU faculty, staff or students must be reviewed by the <u>Institutional Review</u> <u>Board</u> to assure participant safety.

Grading Scale & Feedback:

In most courses grades will be based on an accumulation of numerical points that will be converted to a letter grade at the end of the course (several CJP courses are graded pass/fail). Assignments will receive a score expressed as a fraction, with the points received over the total points possible (e.g. 18/20). The following is the basic scale used for evaluation. *Points may be subtracted for missed deadlines*.

95-100 = A outstanding

90-94 = A- excellent

85-89 = B+ very good

80-84 = B good

76-79 = B- satisfactory 73-75 = C+ passing

70-72 = C unsatisfactory

Below 70 = F failing

Graduate students are expected to earn A's & B's. A GPA of 3.0 for MA students and 2.75 for GC students is the minimum requirement for graduation.

Regarding feedback on papers/projects: Students can expect to receive papers/assignments back in a class with faculty feedback before the next paper/assignment is due. This commitment from faculty assumes that the student has turned the paper in on the agreed upon due date.

Library

The <u>Hartzler Library</u> offers research support (via e-mail, chat, phone, or SSC campus) and the library home page offers subject guides to help start your research. The library can help you acquire resources not held by EMU through the Interlibrary Loan (ILL) system. The link to ILL is on the left side of the library homepage.

Office of Academic Access:

If you have a physical, psychological, medical or learning disability that may impact your work in this course, it is your responsibility to contact the Office of Academic Access. They will work with you to establish eligibility and to coordinate reasonable accommodations. All information and documentation is treated confidentially.

Class Attendance (for in-person and synchronous online courses):

Students are expected to attend all class meetings. If unusual or emergency circumstances prevent class attendance, the student should notify the professor in advance if possible. Multiple absences from class will result in lower grades. The student is responsible for the material presented in classes missed. Students should be aware of the importance of regular class attendance, particularly in the case of CJP classes that only meet once a week or over several weekends. Being absent for more than one class leads to a student missing a large portion of the class content. In addition to consistent class attendance, students should make every effort to arrive to class on time out of respect for the learning process, fellow students and faculty.

Religious Holidays

EMU respects the diversity of religious holidays and wishes to provide reasonable accommodations for students who may be unable to fully participate in class, lab, exams, or other assignments due to observation of a significant religious holiday. Students should provide adequate notice (a week in advance) to the faculty of such requests.

Student Health & COVID-19

As Eastern Mennonite University monitors the emerging variants of Covid, students who are attending classes *in-person* must adhere to the university's protocol in regard to the pandemic. Students can find more information about EMU's current and past pandemic protocols at https://emu.edu/coronavirus/. You will also receive emails from university as decisions involving student wellbeing and safety in relation to the virus are made. Please note that during the school year, EMU Health Services is open and available for in-person full-time students to seek medical advice and treatment (and part-time students who choose to fill out the health form in

order to access services). To learn more about the services available, and how to schedule an appointment, go to https://emu.edu/studentlife/health/.

Classroom Culture & Related Policies

EMU's <u>Life Together</u> statement describes the sort of learning community that we aspire to be. Learning thrives where there is free and open exchange of ideas, thoughts, emotions, and convictions. Open discourse requires trust and safety. While I anticipate that you may find that some aspects of the class challenge your views and theoretical frameworks, I invite you to respectfully express either agreement or disagreement without fear of consequences. If you feel that I am violating this commitment, please make an appointment to meet outside of class so that we can discuss the issue.

I hope we can welcome differences and demonstrate a willingness to analyze issues from frameworks that may or may not feel comfortable. I have opinions, which I may express from time to time. Please be sensitive in your class participation by not unfairly dominating discussions. Be aware of others' right to speak and welcome questions from your classmates. My goal is to create a brave space in which everyone learns to participate in scholarly dialogue that values listening, thinking, feeling, study, and professionalism. (Adapted from Margaret Sallee and Kathryn Roulston)

- 1. Our primary commitment is to learn from each other. We will listen to each other and not talk at each other. We welcome differences amongst us in backgrounds, skills, interests, and values. We realize that it is these very differences that will increase our awareness and understanding through this process.
- 2. We will trust that people are always doing the best they can.
- 3. Challenge the idea and not the person. We debate ideas, not the individual sharing this idea or practice.
- 4. Each of us will strive to speak our discomfort. When something is bothering you, please practice sharing this with the group. Often our emotional reactions offer valuable learning opportunities.
- 5. Step Up, Step Back. Be mindful of taking up much more space than others. On the same note, empower yourself to speak up when others are dominating the conversation.
- 6. Stay engaged. When overwhelmed or stressed, it can be tempting to slip away from the class or group while meeting. Let us honor one another with focused connection. When we catch ourselves disengaging, let us gently refocus on the tasks at hand.

Course Extensions and Outstanding Grades:

For fall and spring semesters, all coursework is due by the end of the semester. If a student will not be able to complete a course on time, the student must submit a request one week before the end of the semester for an extension (up to 6 months), by emailing the instructor, academic advisor and the Academic Program Coordinator. If the request is granted the student will receive an "I (incomplete) for the course which will later be replaced by a final grade when the work has been turned in on the agreed upon date. If the request for an extension is denied, the student will receive a grade for the work that has been completed up until the time the course was expected to have been completed. If no work has been submitted, the final grade will be an F (or W under unusual circumstances and with permission of the Program Director). Extensions will be given only for legitimate and unusual situations. Extensions are contracted by the student with the program for up to a maximum of 6 months after the deadline for the course work. PLEASE NOTE: Grades for coursework submitted late may be reduced at the instructor's discretion and in line with their course policy on turning in coursework after the due date. If the extension deadline is not met, the instructor will submit the final grade based on what has been received to date.

Inclusive, Community-Creating Language Policy:

Eastern Mennonite University expects all its faculty, staff, and students to adopt <u>inclusive written and spoken language</u> that welcomes everyone regardless of race or ethnicity, gender, disabilities, age, and sexual orientation. We will use respectful and welcoming language in all our official departmental documents and correspondence, including those put forth by way of Internet communication, and throughout all academic coursework, inclusive of classroom presentations and conversations, course syllabi, and both written and oral student assessment materials.

As an inclusive community, we strive to sustain safety and belonging for students of all gender and sexual identities expressed in the LGBTQIA+ Student Support Policy.

Bias Response:

Bias incidents are harmful to the EMU community and/or individuals within the EMU community. Bias can be intentional or unintentional and may be directed toward an individual or group. A bias incident may take the form of a verbal interaction, cyber-interaction, physical interaction, or interaction with property. Bias reporting is a resource for anyone who needs to communicate an incident or explore a better understanding around issues of discrimination and learning how to effectively respond. All members of the university community are encouraged to report incidents of bias.

Title IX:

The following policy applies to any incidents that occur (on or off campus or online) while you are a student registered at EMU. It does not apply if you are talking about incidents that happened prior your enrollment at EMU. It is important for you to know that all faculty and staff members are required to report known or alleged incidents of sexual violence (including sexual assault, domestic/relationship violence, stalking). That means that faculty and staff members cannot keep information about sexual violence confidential if you share that information with them. For example, if you inform a faculty or staff member of an issue of sexual harassment, sexual assault, or discrimination they will keep the information as private as they can, but is required to bring it to the attention of the institution's Title IX Coordinator. You can also report incidents or complaints through the online portal. You may report, confidentially, incidents of sexual violence if you speak to Counseling Services counselors, Campus Ministries' pastors, or Health Services personnel providing clinical care. These individuals, as well as the Title IX Coordinator, can provide you with information on both internal & external support resources.

Academic Program Policies:

For EMU graduate program policies and more CJP-specific graduate program policies, please see the complete Graduate Catalog.

Criteria for Evaluating Arts-Based Peacebuilding Projects

CRITERIA	A – Excellent	B – Minimal	C – Below	Comments
		expectations	expectations	
Goals & Audience	-audience &	-audience and	-audience and goals	
Are the goals or	goals/learning	goals identified	inappropriate or	
learning objectives of	objectives clearly	though not as	inadequately	
the project clear?	identified.	clearly as they	identified	
Have they been met?	-project appropriate	could be		
Is the intended	for, and likely to meet,	- project may	-project unlikely to	
audience clearly	its goals	meet its goals but	meet its goals	
specified?	-project is appropriate	this is not entirely	and/or	
Is the project	for specified audience	clear	communicate to the	
appropriate for this	-project	- project is at	audience	
audience?	understandable to &	least somewhat		
Does the project	likely to engage and/or	appropriate for,		
communicate to the	communicate to	and likely to		
intended audience?	audience	communicate to		
		audience.		
Methodology	-project incorporates	- methodology	-methodology	
Is the overall	inquiry methods	basically	inadequate and/or	
methodology clear	required by the	appropriate to the	inadequately	
and appropriately	assignment	project and	articulated.	
used?	-all methodologies &	appropriately		
Has the project	technologies have been	used, but could be	-sources not	
incorporated specific	appropriately used,	strengthened	appropriately	
methods required by	with attention to	Strengthened	identified	
the assignment?	ethical and	-sources and	racifica	
If intended as a form	methodological issues	methods	-inadequate	
of intervention, has	-if intended as	identified but not	attention to	
thought be given to	intervention or	as fully as they	implementation	
how it will be	advocacy, project has	could be	issues	
implemented?	given adequate	could be	133463	
impremented:	thought to	-more thought		
	implementation	should be given to		
	-sources & methods	implementation		
	are adequately	issues		
	identified	133463		
Analysis	- evidence of critical	- some evidence	-inadequate	
Is there evidence of	thinking about	of critical thinking	evidence of critical	
critical thinking and	methods, sources,	but could be	thinking	
analysis?	information and	stronger		
analysis.	analysis or editing.	30.011801	-analysis lacking or	
	-uses analysis/editing	-analytical	inadequate	
	methods appropriate	approach and the	таисчийс	
	for the project	analysis itself is	-analytic approach	
	101 the project	basically	inappropriate or	
		appropriate but	mappropriate or	
		appropriate but		

Craft & Coherence Is the level of artistic	editing is adequately articulated - level of craft is clearly adequate for the	and/or articulated betterlevel of craft is minimally	-level of craft inadequate for	
and/or technical craft adequate for the specified goals and audience? Did it involve an appropriate amount of work? Does the final product have coherence and "resonance?"	audience & to meet project goals (whether or not it meets "artistic" standards) -project is coherent & likely to resonate with the intended audience -product shows an appropriate amount of effort for this assignment	adequate for the audience and goals -project coherence could be stronger	purposes and/or audience -project is not coherent	
Content Is the content appropriate & adequate, given the goals, audience & assignment? Is there evidence of insight, originality &/or creativity?	- information conveyed is clearly adequate for goals, audience & assignment -shows depth & breadth of content -shows insight, originality &/or creativity	-information conveyed is adequate but could be strengthened -some evidence of insight, originality, or creativity	-inadequate information -little or no evidence of insight, originality and/or creativity	
				<u>Grade</u>

Criteria for Evaluating Arts-Based Peacebuilding Projects

Background notes:

- Arts approaches can be used in several different stages of a project:
 - 1. To gain or create knowledge. (For example, research "subjects" or participants might be engaged in an arts-based project as a way of soliciting information or encouraging insight.)
 - 2. To add complexity or nuance to created knowledge. (For example, an arts practice may serve as one method in a multi-method research project, creating an integrated, reflective methodology for the project. Alternatively, an arts practice could be used to analyze and/or interpret data collected by conventional methods.)
 - 3. To test knowledge. (For example, researchers might verify their interpretation of findings from a more traditional research process by creating a play or exhibit and testing it for resonance with their subjects.)
 - 4. To share findings. (For example, a play or exhibit might be created to (re)-present data collected or analyzed via conventional methods in order to impart the particular kinds of meaning the researcher considers important, and as a way to reach and engage a broader audience.)
 - 5. As a form of intervention. (For example, a project might be designed to raise awareness of an issue or conflict, to promote dialogue on a contested issue, or to advocate for a cause.)
- Arts-based products often do not specify methodologies used. Thus it may be important for a project to be accompanied by a short paper discussing analysis, theory of change, audience, goals, and methods used.
- Patricia Leavy, in "Method Meets Art: Arts-based Research Practice" (New York: Guilford Press) 2009, argues that "[t]raditional conceptions of validity and reliability, which developed out of positivism, are inappropriate for evaluating artistic inquiry." (p. 15). She suggests that authenticity, trustworthiness, and validity can be assessed through attention to such elements as aesthetics, resonance, and vigor.
- For a discussion of standards, see "Method Meets Art" (Leavy, 2009: 15ff and Chapter 8).